# NORTH WEST PRIMARY CARE NETWORK NEWSLETTER - JUNE, JULY



# Our first newsletter

We will be releasing a newsletter every quarter, to make our patients aware of upcoming news, awareness dates, upcoming practice services, changes to the team or service. We will also update you on data and the success we have had as a network and what we are working on.

# What is a PCN?

North West Primary Care Network (PCN) is made up of three practices: Don Valley Healthcare, Great North Medical Group and Lakeside Practice. At the PCN, we provide compassionate and high quality healthcare to our diverse communities. We are dedicated to promoting health, preventing illness and managing complex conditions through collaborative, patient-centred care.

# **Enhanced Access**

GP practices in the PCN work together to provide extra appointments in the early mornings, evenings and weekends. This helps patients access appointments outside of core hours. Ask your reception team about these appointments!

# **Awareness Dates**

2nd - National Cancer Survivors Day

9th - 15th - Carers Week

10th - 16th - Diabetes Awareness Week

16th - 22nd - Learning Disability Week

17th - 23rd - Cervical Screening Awareness Week

Myeloma Awareness Week

19th - 25th - Refugee Week 20th - Refugee Day

28<sup>th</sup> - Armed Forces Day

# **Bumping Space**

A place where the community can come together, learn new skills, make friends, or simply have a moment to yourself.



Thursday 3<sup>rd</sup> July



12pm - 2pm



The White Wings Centre, Spa pool road, Askern, DN6 0HZ



Jemma - Doncaster Talking Therapies

# Do more with the NHS App!



- Order repeat prescriptions
- Book appointments
   appointme
- View your records

And much more...



### Find us on

Doncaster North West Primary

Care Network



northwestpcn

If you would like to send us information on what could be included in our next newsletter, or send in general enquiries or feedback, please email pcdltd.northwestpcnenguiries@nhs.net



# What's on!



In June, the PCN have exciting events planned!

Don Valley Healthcare will be switching to a new system, called SystmOne. This will mean all practices in the PCN will use the same clinical system, supporting further collaborative, neighbourhood working.

In early June, Martha, from Citizens Advice attended all practices to support patients with downloading and using the NHS app:

Martha from Citizens Advice, Kelly and Daniel, the PCN's Care-coordinators, supported over 50 people who dropped by to set up the app on their device. Across the PCN, we have had 183 people register on the app. 55,381 people have logged into their app. 415 people have managed their appointments within the app.

Due to the success of the events, we will look to arrange more NHS App support sessions soon- keep your eyes peeled!

Monday 16th June - Kelly, Sally and Daniel, the Care Co-ordinators and Social Prescriber, will be helping facilitate a PCN event with the Primary Care Doncaster and Learning Disabilities Health Bus, helping patients with learning disabilities access a cervical screening drop-in appointment. This will be held at Lidl Carpark, on Askern Road, between 10am and 3pm.

With carers week quickly approaching, we want carers to be aware of what support is available and how it can help.

• Doncaster council offer advice and support for carers, offering a range of support groups, services giving advice for financial support. You can contact the Wellbeing Team on 01302 737100 or email carers@doncaster.gov.uk

Thank you to call the carers out there.



# Upcoming events

# <u>July</u>

Sarcoma Awareness Month

7th - 13th - Alcohol Awareness Week

27th - World Head and Neck Cancer Day Cancer and Pregnancy Awareness Week

# Local groups

**Andy's Man Club** - Doncaster Central Mind Market Place, Armthorpe Community Centre OR Staniforth Youth Centre, 7pm Every Monday

**Menopause Wellbeing Café** – Tuesday's, Woodlands Library, Windmill Balk Lane, 6pm-7pm

**B:Friend** – Askern Social Club, Norbreck Rd, Wednesday's, 1:30pm – 3:30pm.

**Carcroft art group** – Tuesday afternoons from 1pm – 3pm

**Askern Dementia group** - Every other Tuesday, 1pm - 3pm. Askern Community Hub, Station Road, Askern, Doncaster, DN6 0JA

Forget me not Café - First Tuesday of every Month, 1:30pm - 3:30pm St. Mary's Church Hall, Sprotbrough. Mental health and carers support

**Renew 127** – Monday, Wednesday & Friday at 10am – 2pm. 127 – 129 Askern Road, Bentley, DN5 0JH

# Citizens Advice Doncaster

Citizens advice offer help and support for people in Doncaster. Their services include, cost of living support form filling, bills advice and are there to help you move forward with the problem you have. Contact them at cadoncasterborough.org or call 01302 243057

# **Bumping Space**

Thursday 7<sup>th</sup> August



12pm - 2pm



The White Wings Centre, Spa pool road, Askern, DN6 0HZ



#### **Guest Speakers** ◀

Hear from a range of guest speakers: partners from other organisations and reallife stories from individuals who are living with diabetes.

#### Stands & Partners

Chat with stallholders & find out what services are available to you - get some free resources!

# Diabetes friendly food & ◀ refreshments

Flourish is offering you a healthy, low carb food options and a selection of refreshments.

#### Make new connections ◀

Meet new people who are in similar situations
& hear their story!

#### Join in on the fun ◀

Get involved in a mindful walk, or some fun games like Qigong, Yoga, Connect 4, Jenga, Swing ball and more!





Flourish Enterprises St. Catherine's house Woodfield park DN4 8QP









# **Medical information**



# <u>Vincent Van Cough</u>

Primary Care Doncaster have access to a health van, as it travels around communities, offering a variety of appointments at different locations each week. Even if you aren't registered at a GP, you are still able to access the health van.

The Health Van is staffed by GPs, nurses and other healthcare staff who work locally in Doncaster.

If you have a minor illness that has been troubling you, and the van is in your area, pop down to speak to a trained member of staff who can look at this for you.

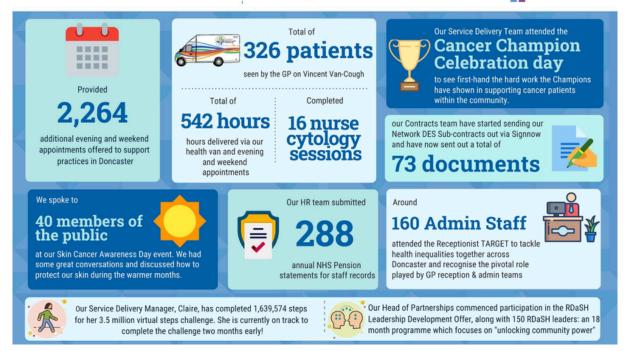


# Round-up from the bus for May.

**PCD Round-Up** 

**May-25** 





# Fractional Exhaled Nitric Oxide machine (FeNO)

The FeNO machine is used in asthma appointments. FeNO devices measure fractional exhaled nitric oxide in the breath of patients. FeNO is not usually used in routine appointments to monitor your asthma. But, it may be used in specialist clinics to monitor some types of severe asthma if your specialist thinks it's useful. It can help your specialist healthcare team prescribe or change the dose of your medicine to help you stay well with asthma.

12 people seen and used the FeNO machine in the last 4 weeks at Lakeside 10 people seen and used the FeNO machine in the last 4 weeks across Don Valley Healthcare sites.

3 people were seen and used at Great North Medical Group in the last 4 weeks.

# Spring Covid vaccination data. Over 65's and vulnerable.

Great North Medical Group, administered 1157 Covid vaccines to people that were contacted by text messages to self book, or were called book in. 243 declined.

Don Valley Healthcare, administered 750 vaccines to people that were contacted by text to self book, or were called to book in. 253 declined.

Lakeside, administered 618 vaccines to people that were contacted by text to self book, or were called to book. 153 declined.

# TARGET training, what is it?

One Wednesday every month, practices close early for staff training purposes. Through TARGET afternoons, staff receive structured guidance, networking opportunities and learning support to help them build the knowledge and skills needed to provide safe, high-quality care.

Upcoming closures (Practices will be closed from 12pm) 9<sup>th</sup> July 25<sup>th</sup> August